

SEPTEMBER EVENTS

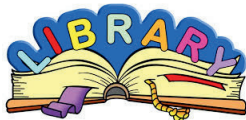
10296 Springfield Pike, Suite 600

Cincinnati, Ohio 45215

Please use this number for call offs:

513-682-1156 EXT 2721



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Sharon Woods	2  \$20	3  \$5	4 Walmart \$10 Dollartree \$5 
7 	8 	9  \$15	10  Cereal Bar Social \$5	11  \$10
14  Adult Storytime	15 	16  \$12	17 Micheal's Creations \$10	18  Fashion Show
21  \$10	22  \$6	23  \$12	24 International Friendship Park	25  \$5
28 	29 Omnimax: Deep Sky \$11	30  Program Achievement	9/14 & 9/28-If you buy lunch from speedway, we'll be going to Wawa instead.	
9/30-Bring \$6 or pack a lunch.				

For Tours Please Contact: Julian Robb, Program Developer • Julian.Robb@ViaQuestInc.com

SEPTEMBER CURRICULUM

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 - Networking Virtual Programming: - Culture Exploration - Relaxation Skills	2 - Blood Cancers - Participant Council - Relaxation Skills	3 - Avoiding Burnout - Relaxation Skills - ASL w/Ronin	4 Virtual Programming - Bingo - Dump Cake (Cooking Class)
7 	8 - Chat GPT - Clean, Green, Lean - Self-Care Bingo	9 - Chair Exercises - The Link-Up - Clean, Green, Lean	10 - How to speak up, respectfully - Bottled Tornado - Clean, Green, Lean	11 Virtual Programming: - Wheel of Fortune - Cooking Class (Desserts for DSP Appreciation)
14 401k - Directions Test - Happy Happy Happy	15 - GPS - Online Bullying - Happy Happy Happy	16 - Social Wellness - The Link-up - Happy Happy Happy - Trivia	17 - Self-Awareness & Reflection - Balloon Blow-up - Happy Happy Happy	18 
21 - Money Safety - Roll and Tell - Healthy Living Skills	22 - Digital Health - Healthy Eating - Healthy Living Skills	23 - Workplace Wellbeing - The Link-Up - Healthy Living Skills	24 - Decision Making - ASL w/Ronin - Healthy Living Skills	25 Virtual Programming: - Scavenger Hunt - Cooking Class (Dirty Cabbage)
28 - Emergency Savings - When to Call 911 - How's My Emotions	29 - Smart Technology - Internet: Pros & Cons - Simon Says - How's My Emotions	30 - Sleep Disorders - When to say NO! - How's my Emotions - Dance-Off		

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