



## Therapeutic Behavioral Services at ViaQuest Day Program

ViaQuest's Therapeutic Behavioral Support (TBS) Program provides day to day skill-building and support to individuals with intellectual and developmental disabilities and co-occurring mental health disorders. Our TBS specialists can assist individuals and families with overcoming barriers they may have due to their symptoms and help them improve their quality of life. The TBS services provided vary based on the individual we are serving and their specific treatment goals and needs. TBS services can be provided to all individuals regardless of their functioning level. TBS can also provide mental health training to day program staff and support systems to optimize the effectiveness of care.

We never use waiver dollars, and all TBS services are billable through the individual's Medicaid plan. ViaQuest will complete an initial assessment to determine medical necessity, needs and symptoms. After completion of the initial assessment, the TBS, individual and team will create an individualized treatment plan with goals for on-going therapeutic behavioral support based on their mental health diagnosis.

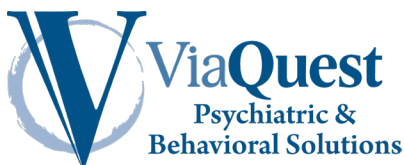
All of our TBS specialists and supervisors have background and training on how to best support individuals and families of dually diagnosed individuals as well as providing trauma informed care. We will work with each individual in conjunction with the ViaQuest Day & Employment Services and their care team to help each person served reach their desired outcome and goals. Our TBS services are community-based, and we provide them at the ViaQuest day program or any other setting that is beneficial to the individual.

### Therapeutic Behavioral Support (TBS) areas of service:

- Mental Health Training
- Coping Skills
- Relationship Skill Building
- Social Supports
- Trauma
- Social Skills
- Stress Management
- Abuse/Domestic Violence
- Advocacy
- Communication Skills
- Training for those in the Support System including, client:triggers and de-escalation techniques

**Learn more from your local VDES**  
go to:[viaquestinc.com](http://viaquestinc.com)

**To make a referral:**  
Phone: 855.289.1722  
Fax: 800.503.2953  
Email: [PBSIntake@ViaQuestinc.com](mailto:PBSIntake@ViaQuestinc.com)



[www.viaquestinc.com](http://www.viaquestinc.com) | [f](#) [in](#) [t](#) [@](#)

